

SEXUAL ANOREXIA SCREENING TEST

(Check yes or no as it applies to yourself or your partner)

1) Withholding love from partner.

- YES
- NO

2) Withholding praise or appreciation from partner.

- YES
- NO

3) Controlling by silence or anger.

- YES
- NO

4) Ongoing or ungrounded criticism causing isolation.

- YES
- NO

5) Withholding sex from your partner.

- YES
- NO

6) Unwillingness or inability to discuss feelings with partner.

- YES
- NO

7) Staying so busy that they have no relational time for the partner.

- YES
- NO

8) Making the problems or issues about your partner instead of owning their own issues.

- YES
- NO

9) Controlling or shaming partner with money issues.

- YES
- NO

If you answered 0 to 4 questions yes, it does not appear that you or your partner are currently struggling with sexual anorexia.

If you answered 5 to 9 questions yes, you or your partner are currently struggling with sexual anorexia.

Source: <http://www.intimatematters.com/SexAnorexiaTest.html>